

AUGUST 18, 2026

101 Ways We Can Support Your Financial Life

Client Guide · August 18, 2026

Prepared by Patricia Jennerjohn · Focused Finances LLC

Financial planning is about more than investments. It is a collaborative process that brings together the many financial decisions, questions, and transitions that shape your life. The following examples illustrate the breadth of planning support available as we work through your specific priorities.

General Financial Planning

Cash Flow Management

1. Alignment of spending with values and goals
2. Allocating and bucketing cash by goal
3. Analysis of a changing job or salary
4. How adult children can support children or aging parents
5. Car purchase versus lease analysis
6. Divorce cash flow analysis
7. Emergency and liquidity fund planning
8. Expense analysis—including identifying forgotten or unneeded expenses
9. Home buy versus rent analysis
10. Optimizing returns on cash holdings
11. Planning for a sabbatical

- 12. Planning for an overseas move
 - 13. Review of personal credit cards and rewards
 - 14. Setting cash balance targets
 - 15. Vacation-home planning
-

Debt Management

- 16. Creating a total debt-payoff plan
 - 17. Debt payment allocation
 - 18. Student loan analysis and planning or consolidation
 - 19. HELOC analysis
 - 20. Home mortgage refinance analysis
 - 21. Intra-family loan planning
 - 22. Mortgage comparison and analysis when buying a home
 - 23. Refinancing credit card debt
 - 24. Refinancing student loan debt
 - 25. Reverse mortgage analysis
-

Education Planning

- 26. 529 plan comparison analysis
 - 27. College financial aid—merit- and need-based—and strategies
 - 28. Funding strategies using 529 plans, UTMA's, taxable accounts, and Roth IRAs
 - 29. Support with completing the FAFSA form
-

Insurance Planning

- 30. Analysis of current permanent life insurance policies
- 31. Curating insurance professionals
- 32. Disability insurance analysis

- 33.** High-deductible health plan with HSA versus low-deductible health insurance analysis
 - 34.** Homeowners insurance analysis
 - 35.** Life insurance coverage-needs assessment
 - 36.** Long-term care insurance analysis
 - 37.** Medicare analysis
 - 38.** Review of auto insurance coverage
 - 39.** Umbrella insurance analysis
 - 40.** Workplace open-enrollment benefits planning
-

Investment Planning

- 41.** Asset allocation analysis and adjustments
 - 42.** Asset location analysis and adjustments
 - 43.** Creating an Investment Policy Statement
 - 44.** Risk-tolerance assessment
 - 45.** Employee stock purchase plan analysis
 - 46.** Handling concentrated stock positions
 - 47.** Moving to lower-cost investments
 - 48.** Rebalancing execution
 - 49.** How to invest an inheritance or windfall
 - 50.** Rental real estate analysis
 - 51.** Withdrawal strategies
-

Tax Planning

- 52.** Adjusting strategies for changes in tax policy
- 53.** Adjusting tax withholding and allowances
- 54.** Analyzing options to maximize the qualified business income deduction
- 55.** Capital gains harvesting analysis

- 56. Charitable-giving planning, including donor-advised funds and appreciated stock
 - 57. Curating tax professionals through referrals or add-on service
 - 58. Leveraging college tax credits
 - 59. Review and analysis of an annual tax return
 - 60. Roth conversion analysis
 - 61. Standard versus itemized deduction analysis
 - 62. Stock option planning
 - 63. Other equity compensation planning
 - 64. Tax-bracket management
 - 65. Tax-credit analysis and opportunities
 - 66. Tax-loss harvesting
-

Retirement & Financial Independence

- 67. How much to contribute to retirement plans each year
- 68. Analysis of Roth versus traditional 401(k) accounts
- 69. Considering backdoor and “mega” backdoor Roth conversions
- 70. Coordinating income with tax-sensitive items, such as Medicare premiums
- 71. Defined-benefit pension claiming analysis
- 72. Determining when you can retire or become financially independent
- 73. Helping avoid financial fraud
- 74. Planning for a housing transition, including a CCRC
- 75. Retirement cash flow analysis
- 76. Retirement lifestyle goal planning and guidance
- 77. Retirement plan distribution options
- 78. Review of annual Social Security statements
- 79. Required Minimum Distribution planning and execution

80. Safe withdrawal-rate analysis and retirement-income strategies

81. Social Security claiming analysis

Estate Planning

82. Business succession planning

83. Federal estate tax planning and analysis

84. Funding trusts and retitling assets

85. Gift planning

86. Guidance on creating or reviewing an advance directive

87. Guidance on creating or reviewing a health care proxy

88. Guidance on creating or reviewing powers of attorney

89. Guidance on creating or reviewing a will

90. Guidance on prenuptial agreements

91. Recommending an estate attorney or coordinating an add-on estate planning service

92. Review of bequest planning

93. Review of potential trust options

94. Assistance documenting final wishes

95. Surviving-spouse analysis after the death of a client

The Psychology of Financial Planning

96. Developing and envisioning financial and life goals

97. Financial coaching to help implement your plan

98. Identifying money misconceptions

99. Offering peace of mind by tracking your financial life

100. Support overcoming financial biases

101. Support overcoming the investment behavior gap

The purpose: To help you make informed choices, stay organized through change, and move forward with greater confidence in your financial life.

IMPORTANT DISCLOSURES

This client guide is provided by Focused Finances LLC for general educational and financial-planning purposes. It is not individualized investment, tax, or legal advice. Tax and legal matters should be addressed with the appropriate qualified professional.